

Proposal for storage container at Emsworth Recreation Ground

Presented by George Turner, Owner, Innovations Fitness



INNOVATIONS FITNESS

Believe! Commit! Succeed!

This document seeks to present a proposal for the installation of a shipping container to be used for the purposes of equipment storage at Emsworth Recreation Ground.

Innovations Fitness (IF) has a long history of partnership working with Havant Borough Council and feel that there are significant benefits that can be gained from both parties from this proposal. We feel that there are significant future opportunities to continue to improve the health and wellbeing of our local communities and to make better use of Council owned public open spaces.

Should you have any further questions regarding this proposal, or wish to meet to carry out a site visit, please contact me on:

Email: info@innovationsfitness.co.uk

Telephone: 07800 683 367

Web: www.innovationsfitness.co.uk

Thank you for taking the time to consider this proposal.

George 'Topsy' Turner

1.0 Innovations Fitness – Who We Are

Innovations Fitness 'IF' is an established and popular fitness company based in Emsworth. We provide a range of fitness sessions and bootcamps for all ages and abilities. We believe in the mantra of getting fit whilst having fun. Our high energy bootcamp sessions can help you achieve your goals whether in a one-to-one personal training setting, or as part of our fun, friendly and motivating group classes. All our classes take place in Emsworth Park, serving our core base of clients in and around the Emsworth and Havant area.

The director and lead trainer George Turner has over 30 years' experience in the fitness industry, having spent 22 years in the Royal Navy, 12 of which as a physical Trainer in which he reached the rank of Chief Petty officer.

The company formed in 2009 and was previously supported by Havant Borough Council 'HBC' by means of a small business grant. As our business has grown from strength to strength, we have continued to work closely with HBC on many different projects and we are currently collaborating with their '*Get up and go*' initiative, as well as more national initiatives like '*Couch to 5K*'.

IF currently employ 2 people on a self-employed basis and are looking to grow our team now that we have emerged from Covid and the associated lockdowns. We also work closely/employ the services of other local businesses in the area, to support us with marketing, website, social media, filming and design work.

IF is registered at 36 St George's Ave, Havant PO9 2RX.
All our classes currently take place in Emsworth Park and Recreation Grounds, Horndean Road, Emsworth.

We provide a professional quality service keeping our community fit and healthy, with an excellent track record and strong local, loyal group of bootcamp clients.

We have a close working relationship with HBC – Previously Chair of Sport and Physical Activity Alliance supporting organisations across the borough to deliver positive health and wellbeing outcomes for residents – done on a voluntary basis.

1.1 Innovations Fitness – What We Do

Believe, Commit, Succeed is our company ethos which means simply Believe in yourself and Commit to your challenge and you will succeed.

Our goal is to improve the health and wellbeing of our clients, by offering physical activity opportunities that improve our clients all round physical fitness and mental health. We want to reduce health inequalities across all ages and abilities and ensure our fitness classes are affordable and for everyone in our community.

<https://innovationsfitness.co.uk/timetable-3>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BOOT CAMP 6.15AM WITH TOPSY	BOOT CAMP 6.15AM WITH TOPSY	BOOT CAMP 6.15AM WITH TOPSY	BOOT CAMP 6.15AM WITH TOPSY	BOOT CAMP 6.15AM WITH TOPSY		
BOOT CAMP 9.15AM WITH DONNA	BOOT CAMP 9.15AM WITH TOPSY	BOOT CAMP 9.15AM WITH TOPSY	BOOT CAMP 9.15AM WITH TOPSY	BOOT CAMP 9.15AM WITH TOPSY	BOOT CAMP 8.30AM WITH TOPSY	BOOTCAMP 10.00AM WITH TOPSY
BOOT CAMP 6.30PM WITH TOPSY	BEGINNERS BOOT CAMP 6.30PM WITH TOPSY SPARTAN FIT 6.30PM WITH TOPSY		SPARTAN FIT 6.30PM WITH TOPSY			



1.2 Innovations Fitness – What We Have Achieved

- We have over 200 clients attending our sessions on a weekly basis.
- Instrumental in starting the Couch to 5k programme in the area and have run over 40 courses since launching it.
- 2 time winners of the Havant Sports Awards.
- Havant Small Business Award Winner and runner up twice
- Raised £120k through our charity Verity's Gift for refurbishment of children's play area in Emsworth park. Next Project is to refurb the Basketball court in same park.
- Won the Portsmouth News "We can do it awards" as Overall winner for services to the community
- Represented the local leg of 'The Queens Baton' relay, as part of the 2022 Commonwealth Games.

Our business is all about our clients feeling fitter and healthier, so here is a selection of the feedback from our clients, posted on Google Reviews:



Alex Gawley

Local Guide · 104 reviews · 19 photos



★★★★★ 6 months ago

Topsy and the team are amazing coaches. Willing to both meet you where you are in your fitness journey and then stretch you towards your goals. The sessions are fun, hard work and effective. I've tried lots of different fitness approaches (gyms, cross fit, online etc) and working with innovations Fitness is the only one that has stuck. Thanks Topsy!

Like



Dawn Wall

5 reviews



★★★★★ 4 months ago

Completed the couch to 5k course with innovations fitness in Nov 22. Great course and would definitely recommend. All abilities are welcomed and really encouraged to feel part of the group who are taking on the challenge together, you are made to feel like part of a team effort. If in doubt go for it, after 9 weeks of signing up you'll be running a 5k and have met some lovely people.

Reply Like



Amy Girdler

1 review



★★★★★ 3 months ago

Innovations Fitness doesn't feel like bootcamp — it feels like family. I joined back in July and have enjoyed every single session I've attended. Topsy is a great guy and always welcomes us with a big smile on his face; even at 6 o'clock in the morning in subzero temperatures! He's a great coach and mentor, and has championed every step of my fitness & weight loss journey. Classes are fast-paced and varied; with a focus on strength as well as cardio. I wouldn't go anywhere else.

Reply Like



Lee Magee

1 review



★★★★★ 4 months ago

The one constant's is I need pushing to exercise regularly. Innovations Fitness and Topsy provide me that reminder with their varied whole body workouts.

Reply Like

2.0 The Proposal

- Exactly what you want to do and why?

This proposal seeks to request planning permission to install a shipping container in Emsworth Recreation Ground for the sole purpose of storing sports equipment associated to the delivery of sessions, delivered by Innovations Fitness.

A specification drawing of the proposed container can be seen below.

- Why is this needed?

As an organisation that bases its fundamental operation on the delivery of outdoor sessions, the storage of equipment can be challenging. Lack of storage and the inability to access a variety of equipment can impact on the available capacity and quality of sessions.

Currently Innovations Fitness has no dedicated storage facility within Emsworth Recreation Ground. Previous attempts have been made to find a storage solution within the existing pavilion building, however due to the multi use nature and layout of this building, this has not been practical or possible. Innovations Fitness is keen to ensure that we continue to work in partnership with the other users of the recreation ground. We feel that seeking storage options within the pavilion building will have a detrimental effect on the use of the changing and shower provision within the building.

2.1 The Agreement

- Details of the proposed agreement
- Type and length of term (lease 5 or 10 years)
- Conditions of agreement – Who will manage and maintain the container? How will it be secured? Insurance? Responsible for damage? Responsible for making good? Responsible for removal at end of term?

The container will be of good quality. It will be sourced, delivered and installed by a reputable container company, who will be responsible for health and safety when the container is delivered and installed on site. They will make adequate provision to ensure that the delivery and installation does not impact the landscape of the park in any way. The container company will provide adequate company insurance in the event of any unexpected incidents/accidents during the installation process and make good any damage made to the site.

Prior to installation IF and the container supply company will post notices locally as required by HBC of the impending installation and contact details for any questions from members of the public and users of the park. We will seek to install with minimal disruption to users of the park.

IF are seeking planning consent/approval for the container to remain on site for a term of 10 years, consistent with our commitment to providing long-term fitness classes for our community. At the end of the term, IF will seek to renew the consent of the container on the site or arrange its removal if necessary.

The container will not cause any environmental or ecological impact. That no animal habitat, trees, shrubs etc will need removing, or be impacted during the install.

The storage container will not conflict with any existing users of the park. I will keep a ridged maintenance regime for the container, and will make sure its kept in good order and repaired if required.

It will be secured with via a security lockbox which supplied as standard, and also with a CISA side level padlock.

The color will be in keeping with the local area and will not stand out causing a visual eyesaw.

There is no construction and its a temporary structure, there is no impact on traffic, no noise impacts or lighting impacts.

2.2 Comparable Examples

As with all organised sports clubs and physical activity programmes that require equipment to operate, storage is often a challenge. This challenge is exaggerated when the core delivery of sessions are outdoors and not linked to any dedicated indoor facility. The below comparable examples show where consent has been granted for containers within Havant Borough Council owned public open space. In both these examples the containers have been installed for the purpose of storing equipment for sports clubs.

Front Lawn Recreation Ground



Purbrook Heath Recreation Ground