

Proposed Therapy Pool and Community Facility

**Hill Lodge
42, Bedhampton Hill
Havant**

Operation of Facility

**PGP ARCHITECTS
February 2016**

1. Background

Dolphin Homes is a specialist care provider delivering first class quality care and support for adults with learning difficulties, challenging behaviour, physical disabilities and complex health needs, autism and Asperger's syndrome.

We embrace the principle that people with learning disabilities have the same fundamental rights as anyone else in society, which includes the right to develop and make informed choices about their lives. Our multi-disciplinary team pride themselves on respecting the needs, rights and choices of all individuals and encouraging independence where possible.

We run 12 homes in three counties - Hampshire, West Sussex and Surrey - to a very high standard and where the emphasis is on "home". These homes provide service users with a relaxed and comfortable environment where they can become active and valued members of the community. Whether the need for wheelchair accessibility or supported living to encourage independence, each of our homes have been adapted and furnished specifically for the users in mind.

We have a constant focus on quality and we are proud to have achieved the ISO 9001 Quality Standard. Throughout 2013 our homes were inspected by the Care Quality Commission (CQC) and are fully compliant further demonstrating our commitment to quality and the high standards of care we deliver to our service users.

Dolphin Homes run 12 care homes offering residential care with a focus on supporting independence in three counties - Hampshire, West Sussex and Surrey. We provide first class quality care and support for adults with learning difficulties, challenging behaviour, physical disabilities and complex health needs, autism and Asperger's Syndrome.

Our homes are designed to provide service users with a relaxed and comfortable environment where they are encouraged to become active and valued members of the community. Each of our homes have been adapted and furnished specifically for our service users offering complete accessibility and supported living to encourage independence.

Learning and Physical disabilities, Sensory impairments, complex health needs, behaviors which may challenge. Caring for adults aged 18 to 65 yrs

2. Care Philosophy

Throughout Hampshire, Surrey and West Sussex, Dolphin Homes' care philosophy and core values of delivering first class quality care and support are at the foundation of everything we offer.

Whether we support independent living in one of our many care homes, Dolphin Homes will support those who require our services with experience, integrity,

flexibility and give individuals the choice and freedom within a safe environment to endeavour to lead a fulfilling life.

At Dolphin Homes we are committed to:

- Actively promoting each person's participation in an ordinary lifestyle by.
- Supporting people to access community facilities.
- Having positive expectations by promoting each person's achievements and strengths without losing sight of their disability and individual needs.

It is our aim that our working practices will reflect the belief that all people, irrespective of need, will have the right to:

- Be respected as unique individuals of equal worth.
- Equality of opportunity.
- Healthcare.
- Choice and consultation.
- Education and personal development.
- Active participation in the community sustaining relationships with family and friends.

3. How the building will be used and the terms under which it will be available to the community.

Existing Care Facilities:

Orchard House	6
Brendan Lodge	6
Caroline House	8
Hulbert Road	8
Hill Lodge	18

The facility will offer services to those groups in the Community who are either being cared for at home or in residential facilities.

The Pool will cater for groups no larger than four at one time. On many occasions this would be one-to-one.

The Community Hall would offer:

Meeting opportunities on a day centre basis
Sensory Sessions
Physiotherapy Sessions

Typical Weekly Timetable of Activities/Lettings	HILL LODGE
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Period	SPACE	USERS Monday	USERS Tuesday	USERS Wednesday	USERS Thursday	USERS Friday	USERS Saturday	USERS Sunday
8.00 to 9.00	Pool Hall							
9.00 to 10.00	Pool Hall							
10.00 to 11.00	Pool Hall							
11.00 to 12.00	Pool Hall							
12.00 to 13.00	Pool Hall							
13.00 to 14.00	Pool Hall							
14.00 to 15.00	Pool Hall							
15.00 to 16.00	Pool Hall							
16.00 to 17.00	Pool Hall							
17.00 to 18.00	Pool Hall							



Reserved for Community Booking Usage Only

41%



For Use by Community Care Facilities including Dolphin Homes Operations

59%

4. What will happen if there are no bookings?

This is an unlikely scenario because of the lack of facilities within the area.

5. How will the facility be marketed to the relevant groups?

Via local press, existing augmented websites and a new website.

Marketing via Website

Together with the resources on site at Hill Lodge, we can also provide dynamic and flexible outreach support to people living in their own home or family home in the community. We work alongside each individual to put together a package of support which is unique to them - from support looking after their home and going shopping, to getting to college or work, meeting up with friends, socialising or taking part in sports. We can provide support on a regular weekly basis or as and when required depending on the needs of the individual.

Creative arts and drama

Creative Arts is designed to enable the people we support to express themselves in a variety of ways. It is an imaginative and friendly environment where everyone feels valued and able to express themselves.

We undertake many different activities, such as creative writing, painting, drama and sensory projects. We tend to hold performances within the session, with the audience made up of our friends and staff in the group. This provides a very relaxed atmosphere for everyone to express themselves in.

Cookery skills

Cookery is a great way to explore our senses from the strong smell of garlic and strong taste of Indian spices, to the sweetness of warm chocolate or tangy lemons, to the touch of a spiky pineapple or the velvety feel of flour between your fingers. Throughout the term the whole group gets involved in choosing different food based projects. They will then pick different dishes that interest them the most, and go through the whole process of washing, preparing and then cooking the different foods. The people we support are given the opportunity to develop their motor skills by using specially adapted equipment, and also learn new skills they can use in their kitchens back at home.

Communication and self advocacy

Communication sessions at Hill Lodge are centered on enabling the people we support to communicate their needs and wishes to improve their quality of life and wellbeing. This can include the use of switches, signing, speech and language therapy, touch-screen computers, iPads and Pecs's books to name just a few methods. We work with each individual to empower them to achieve whatever

their own goal is, the outcomes change from person to person and have been as diverse as learning to read, using a computer and entering paid employment.

Multi sensory

At the centre we have two very different multisensory rooms offering different experiences. We have both 'snoezelen room' and a multisensory room and they both work to achieve the same outcome but in opposite ways. Sensory activities are greatly beneficial to the people we support. The sessions are non-directive and individuals are then able to make their own choices about how to use equipment and discover different ways of communicating and learning. The rooms include a ball pool, waterbeds, fibre optics, bubble tubes, soft walls, soft floors, cushions and mirror balls and sensory boxes full of equipment for intensive interaction.

Equals Moving On

Equals Moving On is an easy to use, flexible, all inclusive curriculum and assessment package for young adults with learning difficulties. It is a national accreditation scheme which is supported by advisers/moderators who co-ordinate a regional network for training and external moderation. 'Equals Moving On' provides a personalised learning approach which celebrates achievement focusing on person appropriate subject areas including 'Leisure and Recreation', 'Daily Living Skills', 'Work Related Learning', 'Creativity' and 'World Studies'.

Swimming

At Hill Lodge swimming is recognised as one of the best forms of therapy for people with disabilities, from the sensation of floating in water for the most severely disabled to learning to swim for the more able.

Music

The aim of the music sessions is for individuals to have fun and experience a wide range of music from classical to current chart music to group composition. Each week we explore different areas and offer a wide range of percussion and bigger instruments that everyone can use.

Physiotherapy

We have a small highly skilled group of therapy assistants led by a neuro-physiotherapist. Every client is fully assessed and a treatment plan devised, tailored to their individual needs. A range of input may be required, from physical

management, hydrotherapy, night time positioning to support regarding splinting, footwear, x-rays, insoles or wheelchairs. All clients are supported to access local services and will be accompanied by a member of the therapy team to any relevant appointments to ensure their complex needs are well explained and they receive the best care available.

6. Evidence for a strong requirement to provide physiotherapy and sensory activities for local clients.

While we have spoken with CQC and local Physiotherapists, neither of them will put anything in writing. They support that there is a demand in this area due to the lack of facilities and they are prepared to rent the facility, but they will not commit to paper in terms of frequency at this stage.