



Specifications for an adiZone

Excavate topsoil and stockpile on site for regrading around gym area on completion. Any surplus topsoil remaining on completion to be used to form mounds in positions as indicated on the layout drawing.

Cut and trim sub soil to suit levels to receive gym area to approx 420m².

Supply and lay approx 961 linear metres of 50mm thick PCC kerbing bedded and haunched in concrete.

Before applying sub base, treat area with an approved total residual weed killer as required.

Supply and lay approx depth 100mm of MOT type one roadstone using recycled materials wherever possible. Consolidate with whacker plate to create a smooth surface ready for the laying tarmacadam surfacing to 343m² to the basketball and gym area of the zone, leaving the remaining stone ready for wet pour base course

Set the in ground sockets and anchors of equipment to the correct points, heights and levels, provide temporary forms and concrete into position using a minimum C30 concrete mix. Following the suitable concrete curing time, remove any temporary form work.

Supply and lay approx 87m² of 30mm deep SBR cushion to the dance and traversing wall areas

Lay the top base over the whole zone area with 10mm Pebble-Flex (The basketball / gym area will be 10mm deep Pebble-Flex on the tarmacadam finish).

Supply and lay anti-slip coating to required areas.

This price includes the cutting in of all Adidas logos, words and Olympic markings as illustrated. TGOGC to provide exact template from Adidas for sign off

Install 12 x pieces of TGOGC gym equipment and 1 x guidepost as provided by TGOGC. Fit and secure the equipment superstructure and cover plates on completion.

Supply and Install a 2 metre high x 8 metre wide Traversing Wall in black steel on the front side with white climbing rocks. This wall will have 3 x diagonal Adidas stripes and the “impossible is nothing” strap line. The reverse side should be white steel with artistic Olympic athlete provided by the Adidas.

Supply and Install 1 x 6.2m wide Kickwall including square back goal and Basketball Hoop with panelling above goal 3 metres high to retain Basketball, side panels of goal dropping down to 2 metres.

Supply & Install one 5m long X 2.45m high Tennis Wall in white steel with 3 x white horizontal Adidas stripes at tennis wall (3 ft) height with Basketball Hoop with panelling above. The side of the wall to the basket ball court will be faced with Olympic athletes in dynamic poses, stencils provided by Adidas artist. The reverse of the wall faced with local children's, residents' and local athletes' sporting goals.

To those adiZones where applicable / required excavate to reduced areas to rear of traversing wall to form a recycling area with PCC edge kerbing as before described supply and lay approx depth 150mm of MOT type one roadstone using recycled materials wherever possible. Consolidate with whacker plate to create a smooth surface to receive 50mm thick max base course of 20mm open graded macadam finished with 15mm thick max wearing course of 6mm medium grade macadam.

Overseeing of the Installation of the shade sail over the “1” section of the 2012 logo. The sail shade company will undertake their own excavations for the support posts, the erection of the posts and fitting of the shade sail on completion.

Check equipment is installed and operates correctly, is clean and prepared for an independent post installation inspection and handover to client.

Re-turf around gym area and on mounds formed adjacent zones where necessary.

Check site, workspace, mixing areas etc. are clean and ready to be handed over to client.

Ensure client is happy with the installation, has the working equipment demonstrated and request that the completion form is signed.

* Where practical make local arrangement with the client/ local authority to distribute arisings on site to reduce landfill and environmental impact

** Where available a certified recycled roadstone is preferred.

The Contractor is to include/ allow for any temporary roads and access ways to the individual sites as required to undertake the works.

The contractor is to include/ allow for any making good of the access ways/ surrounding areas on completion of the works to the satisfaction of the client.

Any trees in the vicinity of the site areas are to be adequately protected for the duration of the works.

Any services crossing the sites are to be adequately protected and marked.

adiZone equipment

- TGO604A - Double station Leg Press
- TGO608A - Combi chest /lat pull down
- TGO635A - Pull ups
- TGO629C - Double oblique
- TGO620C1 - Treadmill
- TGO625A - Abdominal bench
- TGO637A - Dips
- TGO601B2 - Guidepost
- 2 x TGO902 - Senior bike
- 2 x TGO904 - Senior cross trainer
- TGO901 - Handbike
- Canopy
- Traversing wall
- Kickwall and basketball goals
- Tennis wall
- Possible extra of a recycle bin - to be confirmed

Material breakdown

adizone element	Material
Groundworks	C30 concrete
	100mm x 424m of MOT type one road stone using recycled materials - NB certified recycled road stone is preferable
	PCC kerbing
Goal ends	Mild steel (Recycled where possible)
Basketball backboards	Fahr panels
Climbing wall	Mild steel and Zintec cladding (Recycled where possible)
Tennis wall	Mild steel structure and Zintec cladding (Recycled where possible)
Pebbleflex surfacing	Thermoplastic, UV light stable, skid resistant, soft surface (100% recyclable)
Black SBR	recycled tyres
Tarmac	tarmacadam
Shelter	Galvanized steel posts (Recycled where possible)
Gym equipment	mild steel, primed and powder coated (Recycled where possible)
Graphical elements	PERMACOLOR - high gloss polyester film
	SIGNICOLOR - polyurethane

Please note we are always looking for better, more environmentally friendly materials and this list is subject to change

Drawings

1. Drawing adiZone 1206-15E is the adiZone setting out plan.
2. Drawing adiZone 1206-16E is the setting out plan for the 2012 logo
3. Drawing adiZone 1206-17F is the equipment layout plan with foundation pads shown and notes on the drawing for installation of all pieces of kit
4. Drawing adiZone 1206-18 is the gym area plan, elevations and equipment details
5. Drawing adiZone 1206-19 is the equipment setting out plan
6. Tennis wall drawing
7. Climbing wall drawings



REV.	DATE	REVISION
1	Aug 08	typical attachment
2	Aug 08	change from 1/2" to 3/4" and changed
3	Aug 08	removed girth piece
4	Aug 08	change length dimension
5	Aug 08	change height dimension

CHALLENGE TIME

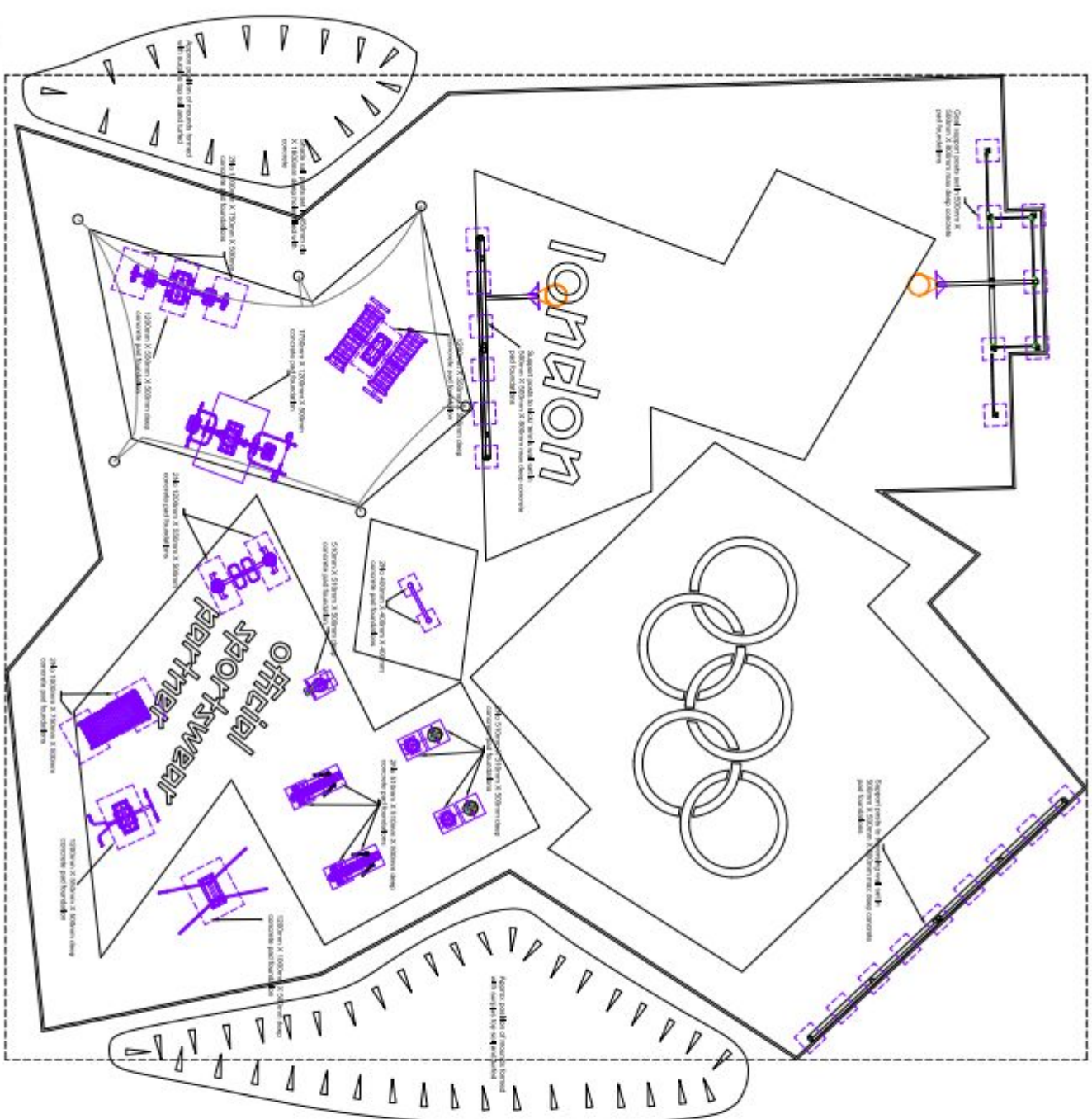
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DATE: JUNE 2008 **06-07-08**

1206-15	E
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Equipment layout plan for the London 2012 Olympic Games. The plan shows the layout of the London 2012 Olympic Games, including the London 2012 Olympic Games, the London 2012 Olympic Games, and the London 2012 Olympic Games. The plan is titled 'EQUIPMENT LAYOUT PLAN Scale 1:100'.

REV.	DATE	REVISION
1	2012-07-17	Initial design
2	2012-08-15	Revised design
3	2012-09-10	Final design

ADIDAS OUTDOOR GYM

EQUIPMENT LAYOUT PLAN



hpn HUMAN PERFORMANCE NUTRITION
NUTRITION & SUPPLEMENTATION
NUTRITION & SUPPLEMENTATION
NUTRITION & SUPPLEMENTATION

DATE 2012-07-17
DATE 2012-08-15
DATE 2012-09-10

REV. 1
REV. 2
REV. 3

