

Recommendation for Level Floor Shower and Associated Bathroom Adaptations

1. Client Details

Name: Izabelle Evans

Address: 111 Kings Road, Hayling Island, PO11 0PE

Tel No: 07703504839 (mum – Hollie)

An Occupational Therapy functional assessment of need has been completed with the above-named person and I confirm that the recommendations below are necessary and appropriate to achieve the following purpose:

To provide a room in which there are the essential facilities of a shower.

and

To enable access to the room with this facility, without carer assistance.

Recommendation to be used in conjunction with measured plan that indicates size of shower area and position of amenities.

2. Shower Area

2.1 Bathroom size to be approx. 2500mm x 2500mm minimum.

2.2 Bathroom to incorporate sufficient space for 360 degree turn in wheelchair (1700mm x 1700mm).

2.3 Install level access shower with minimum showering area of 1200mm x 1200mm, laid with consistent slope to centre or corner gully. Drainage in accordance with current building regulations. Lay slip resistant flooring over the top of the tray and the complete floor area.

3. Shower Unit

3.1 Install electric thermostatic instantaneous shower unit with water pressure safety valve and anti scald device fitted. All to current safety standards. Do not use power shower.

- 3.2 Shower controls to be **lever/push button/timed/other** (to be confirmed following input from visual impairment team)
- 3.3 Shower control unit to have audible temperature feedback
- 3.4 **Extended** flexible hose with fixing pole for height adjustment.
- 3.5 Controls to be accessible from **seated position and accessible to carers**. Final position to be decided by mum.

4. Shower Enclosure

- 4.1 Provide adequate wall tiling to prevent water damage. Tiles to be **white/contrasting** (to be confirmed following input from visual impairment team).
- 4.2 Install **bi-fold/tri-fold** screens. Provide $\frac{3}{4}$ length shower curtain to fall within shower area.
- 4.3 Install 2x grab rails in shower area (**may benefit from coloured and ribbed grab rail – to be discussed with mum**).

5. Seating

- 5.1 Install wall mounted folding shower seat with supporting **back rest and arms**. Seat to be **padded**. **Final position to be agreed with mum**. May need to explore **bariatric options**.

6. Wash Basin

- 6.1 Install **wall mounted** wash basin at standard height
- 6.2 Install long lever taps to wash basin.

7. Toilet

- 7.1 Install automatic Wash-Dry toilet (details on separate Recommendation sheet)
- 7.2 Install 2x **drop down rails** at side of toilet

8. Access

- 8.1 Install **sliding** doors to bathroom to maximise space internally

9. Additional Features

- 9.1 Install wall mounted wall heater with pull cord or similar
- 9.2 Re-site existing radiator/heater
- 9.3 Install extractor fan
- 9.4 Install moisture proof lighting
- 9.5 Fit waterproof blind/curtain to window within shower area

10. General

- 10.1 Lighting, heating, plugs and switches must comply with current legislation and regulations.
- 10.2 The equipment or adaptation should conform to current British standards.
- 10.3 The scheme must be designed to incorporate the above features and must take full account of the health and safety in all circumstances of the building user, in accordance with all relevant standard codes of practice.
- 10.4 Where applicable reference must be made to manufacturer's recommendations, gas, water and electricity authorities' regulations and recommendations both in use and in the event of temporary failure or other emergency situation.

11. Warranty/Maintenance and Servicing Arrangements

- 11.1 The Housing Association will be responsible for any ongoing servicing, maintenance and repairs once the manufacturer warranty expires.

These recommendations relate to the client's disability rather than a technical specification.

The design and layout of the above brief must be agreed with the occupational therapist before final arrangements are made for the manufacture or installation.

OT Name: Hannah Pounsett-Paxton

OT/OTA Signature:



Date: 26/02/2024