

Dear Sir/Madam,

This letter is in support of my application, for Permanent Business use of my garage conversion into a Personal Training Studio, at 36 Osprey Drive Hayling Island.

The name of my business is 'Motivation Fitness PT'. I am the owner, and use it for my own personal use and do not let it out for any other users. Both my husband, my mum and niece also use the facility, for their own personal use, on occasions.

I applied for building regulations and planning permission in March 2020. I unfortunately was not aware that the situation was different, when using the premises for running a small business.

I have been running a small personal Training business from the previous single garage, (prior to the extension), since July 2019. Equipment that I have in the studio include:

- An exercise bike
- A suspension trainer TRX
- A small cable machine
- A selection of dumbbells, weight plates and kettlebells
- Resistance bands

I have roughly between 6-8 clients per day Monday to Friday, where I am happy to start at 8.00am (rather than my previous 6.30am) to help with my application, and finish at 6.00pm. 99% of my clients are female and live on Hayling Island. Therefore, clients either walk, cycle or drive. If it helps with my application, I will only train one client per session, (prior to the extension I have on the rare occasion had 2 clients per session).

For parking, clients previously, used one of the 2 public spaces, that are situated behind my garden wall, (Parking Document attached). These spaces very rarely get used, as all the properties, in the cul-de-sac, have garages with a drive plus one additional parking space assigned to them. So visitors park in the drives of the properties they are visiting. Parking has not caused an issue so far. The road at the top of Stead close, has public parking, people park here when going into Mengham town centre. Clients could park in this road, (as could I), if parking in Stead close is an issue. There are also 2 public car parks within walking distance of my facility.

You will see from the building plans (attached document) that the width of the building has been reduced. The building has kept its one and only window, kept in its original position. To minimise any impact to our closest neighbour, I have attached an opaque sheeting to the window, so you cannot see out of the window. All windows and doors will be closed to minimise any noise made. (Please see attached document: Noise Management Plan).

During the extension of the garage, all walls and ceilings have been fully insulated. This has provided a sound barrier. The floor is being laid with a 5mm purpose built rubber floor. (This can only be laid once the atmospheric air temperature reaches 16-18 degrees, as this is a requirement for the glue when laying the floor). This will reduce noise further, and reduce any sound when weights are being placed down.

Music is played as background sound, and is VERY faintly heard from the outside, if at all, and only if you are trying to listen out for it.

I do not have any deliveries made to the premises or do I omit any smells.

Can I please stress that this is not a commercial gym or studio. I do not hold exercise classes within the facility. It is just myself and one other person (client, or very rarely has been 2 people) with me. During a session I demonstrate an exercise, and then watch the client perform the exercise. Therefore, there is no shouting undertaken.

During the first lockdown in 2019, I was conducting Zoom fitness classes twice a week from within the single garage for friends, where I did need to shout, as sound quality was not good. These sessions are no longer taking place.



I would be more than happy for someone to come out and view the facility to get a better understanding of the situation. I would also be happy for a Temporary permission, if it meant that the situation needed to be monitored for full permission to be granted.

Yours sincerely
Mrs Donna Hickman

Other Documents included:

- Car parking Survey - taken over a period of 7 days, from 7/8am to 6.00pm
- Correspondence with the Council
- Architect plans for the extension of the garage.
- Noise management Plan